

Saskatoon  
Rowing  
Club

# The Catch

Volume 1, Issue 2

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## Prairie Rowing Championship Resounding Success

We are pleased to say the feedback on the Prairie Rowing Championships has been very positive. Over 200 rowers, about 65 volunteers and a great day for weather (just about!) The Can Am Mex results are shown elsewhere in this newsletter so we won't dwell on those results, only to say that it was a pleasure to work with the U.S. coaches, Will Dodds, the National Junior Coach and Jose Noriega the coordinator with the Mexican team.

### Results

The following results for the combined Can Am Mex / Provincial Team races are based on the same points system as used for the Prairie Rowing Championship races. The results are as follows.

1 <sup>st</sup>	Saskatchewan	93 points
2 <sup>nd</sup>	Manitoba	81 points
3 <sup>rd</sup>	Team Canada	58 points
4 <sup>th</sup>	Team USA	55 points
5 <sup>th</sup>	Alberta	50 points

6<sup>th</sup>  
Mexico 46 points

1<sup>st</sup> - 10 points / 2<sup>nd</sup> - 7 points / 3<sup>rd</sup> - 5 points / 4<sup>th</sup> - 3 points / 5<sup>th</sup> - 2 points / 6<sup>th</sup> - 1 point.

Note: The eights were raced seperate (CanAmMex and Provincial) and given 10/7/5 points for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place. The straight fours were raced in the same race with the Cam Am Mex coxed fours and scored separately on the same basis as shown above.

A GREAT regatta for  
our  
**SASKATCHEWAN  
TEAM !**

Story continued page 4

### Did You Know?

- The 2001 Jeux Canada Games Rowing Crew head to London on August 10th
- The North West International Rowing Assoc. NWIRA will hold its 98th Annual Regatta August 23-25 in Kenora.

## Message from the President

Here it is the middle of summer and everything about our club is ticking along just fine. Our Journey 1-2-3 program has experienced exceptional results this season. Journey 1 classes are at capacity, we are even offering a weekend

course. Journey 2 is also a tremendous success. The Journey 2 program has nearly 20 people participating. I owe a debt of gratitude to all of the instructors but particularly Anne Haver and Lindy Antonini for doing such a great job with

Journey 2. On July 14 the Prince Albert Drifters and Saskatoon Rowing Clubs co-presented the annual Prairie Rowing Championships at Sturgeon Lake First Nation .

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## Jeux Canada Games cont.

### Pair 2-

Women- Kristen McCarty,  
Vanessa Glendenning  
Men- Craig Hamilton and Kyle  
Hamilton

### Four 4-

Women- Kirsten McCarty, Vanessa  
Glendenning, Angela Tanner, Julia  
Kirkham

Men's- Todd Kessey, Josh and Joel  
Bancescuc, Garret Mathiason

### Eight 8+

Women- Kirsten McCarty, Vanessa  
Glendenning, Angela Tanner, Julia  
Kirkham, Kimberley Brodt, Heather  
Brooks, Monica Clay, Danica  
Jorgensen, cox Daegan Pikuluk

Men- Joel Bancescuc, Kyle  
Hamilton, Garret Mathiason, Craig  
Hamilton, Bill Martin, John Paul  
Farago, Nolan Brown, DJ Rodi,  
cox Deagan Pikuluk

**Head Coach** – Bob Haver  
**Assistant Coach** – Brenda Cook  
Crews depart for London, Ontario

August 10. Opening ceremonies  
take place August 11, the regatta  
begins August 13 and continues un-  
til August 17.

Immediately following the Jeux  
Canada Games the crew fly to  
Montreal and compete in the  
Canada Cup. Then it is back to

Saskatoon in time to drive to the  
98<sup>th</sup> Annual NWIRA Regatta in  
Kenora, Ontario.

*Good rowing and best of luck to the  
entire crew.*

A special note of interest about  
some of our Saskatoon rowers.  
Vanessa Glendenning is heading to  
UCLA this fall on a full rowing  
scholarship, Julia Kirkham is also  
attending university on a rowing  
scholarship at the University of  
Iowa City, and Kristen McCarty not  
to be out done will attend the  
University of Michigan on scholar-  
ship.

## Leslie Howe to Compete in FISA Masters Regatta

Leslie Howe is going to compete in  
the 2001 FISA World Masters  
Regatta on the Olympic Basin in  
Montreal, August 30-September 1.  
Leslie will hook up with a contin-  
gent of rowers from Regina, Winni-  
peg and Pinawa to  
row several crew  
boats including B  
& C 2x with Meg  
Carrington, Pi-  
nawa Rowing  
Club,

**Leslie will be the only  
Saskatoon rower  
represented at the FISA  
regatta.  
Good Rowing Leslie!**

B 4x with Kathy Black RRC, Kelly  
Philcox RRC, Meg Carrington PRC  
C 4x with Ingrid Currie RRC, Mi-  
chelle Carr RRC, Therese Stecyk  
RRC, Mixed D 4x with Dave Millar  
RRC, Meg Carrington PRC, Gary

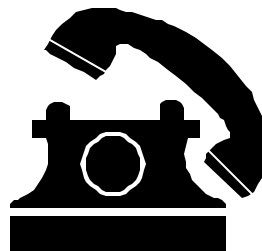
White WRC  
Competing in the  
regatta will be a  
homecoming for  
this Montreal na-  
tive. Leslie has  
memories of skat-

ing on the Olympic basin; this will  
however be her first time on the ba-  
sin as a rower. She admits to being  
a little nervous about the events,  
particularly since some of her  
friends will be in the audience. She  
says it's a great incentive not to fall  
out of the boat. Best of luck Leslie.  
Be sure to take in all the festivities  
that come with this world-class  
event. In case you were wondering,  
our crews will be wearing  
Saskatchewan's green & white.

## 2B or not 2B or is that 2 Bingo or

Bingos – Next list of dates  
Thursday, Sept. 6 5pm –midnight  
Thursday, Sept. 27 11am-6pm  
Thursday, Oct. 4 5pm- midnight  
Thursday, Oct. 11 5pm-midnight  
Sunday, Nov. 18 11am-6pm  
Saturday, Dec. 1 6pm-midnight  
Thursday Dec. 6 6pm-midnight  
Hurry, sign up now for best selec-  
tion.

Procedure  
Susan Belyk will post the  
bingo sheets in the boat-  
house. Members are  
responsible for signing  
up. If you are unable to  
work a bingo, it is your  
responsibility to find a  
replacement worker.



**Call Bingo Queen Susan  
Belyk @ 373-9652 if you  
have questions.**

## not 2 Bingo

### Bingo Requirements

**Competitive** members 5  
bingos.  
**Recreational** members  
must work 3 bingos, .  
**Temporary** members 1  
bingo.

## President's message continued

In my view this was one of the finest rowing events ever staged in Saskatchewan, short of the 1989 Jeux Canada Games regatta. Nearly 200 rowers from Manitoba, Saskatchewan, Alberta, Canada, the United States and Mexico competed on the exceptional Sturgeon Lake 2000m course. Thank you to all the volunteers for your hard work and dedication. I want to extend a special pat on the back to Doug Martin for co-chairing the regatta. You will find results later in this newsletter.

Finally, I want to wish our Canada Games crews good luck and good rowing next month in London, Ontario. Saskatoon rowers have a long tradition of performing well at the

Jeux Canada Games and I'm certain this year will be no exception.

Daryl Start, President



Photos at [www.rowingclub.com](http://www.rowingclub.com).

## Sunday Morning Row

**Come on out to the weekly club row on Sunday mornings at 8am.**

The Sunday Morning Row is a great opportunity for all club members to mix & match and get on the water with people you don't normally see. Go for a longer row without the time restrictions of weekday rowing.

## 2001 Jeux Canada Games Rowing Crew

This August 13-17 some very talented rowers and coaches will represent Saskatchewan and compete in the 2001 Jeux Canada Games in London, Ontario. This article provides you with crew members and their events. After all how can you tell the players without a program.

Singles

Women- Andrea Bundon

Men - John Haver

**Did you know Saskatchewan rowers won their first and only gold medal in the 1997 Games in the Women's Straight 4 Erin Martin, Donna Broad, Alia Zawacki, Rachael DeJong.**

Doubles 2x

Women - Andrea Bundon & Stacey Tanner

Men's- John Haver, Colin Dyck

Quad 4x

Women's- Andrea Bundon, Stacey Tanner, Michelle From, Rebecca Hines

Men's- John Haver, Colin Dyck, Josh Bancescue, Todd Keesey

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## Safety Tips to Rowers

Being out on the water, feeling the run of the boat and the pop of the blades at the catch is wonderful, but safety should be uppermost in everyone's mind at the same time. All rowers whether experienced or novice must remember some important club safety rules.

- 1) All rowers must follow the flow pattern and keep there
- 2) Always wear white when rowing, particularly as we enter the fall months when dawn comes late and dust comes early.
- 3) Always row with a buddy. If you can't, make sure that someone knows you are out and what time you are

expected back.

- 4) Your boat should be outfitted with a Fox 40 safety whistle. Check before you head out.
- 5) Take plenty of water. On hot summer days you can become dehydrated quickly.
- 6) All novice rowers are required to have a Coach Boat on the water at all times.



## The Catch

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SASKATOON ROWING  
CLUB

*Let's Be Row Models.*

www.rowing  
club.org

## Who is Cory Nieber?

Back in June a new face appeared at the boathouse. Now, a new face is nothing out of the ordinary, particularly in June, however this face belonged to the new club coach. His name is Cory Nieber. What do we know about this good natured, motorcycle riding, rowing neophyte? Well here are the bio facts and more.

Age: 25

Education: B.Sc. Kinesiology U of S. Soon to enter Masters program in Sport Psychology on scholarship.

Achievements: Member Canadian National Shooting team and head coach of provincial small bore shooting team.

Favorite motorcycle: Yamaha Vmax 1100cc (faster than a Harley)

Favorite beer: Guinness (not really beer)

Favorite food: His homemade pizza

Favorite band: Perry Farrell (who?)

Favorite movie: Water for Chocolate

Favorite boat: 8+ (big surprise)

So now you know a little more about the guy with a infectious laugh and who makes habit of putting the Masters in an 8+ as often as possible.

## Prairie Rowing Championship Resounding Success Continued

Congratulations to our provincial coach **Bob Haver** and his team of dedicated rowers!

This year the Prairie Rowing Championship went to the Edmonton Rowing Club with the Winnipeg Rowing Club in second, Calgary and Saskatoon tied for third place. The top Saskatchewan Club was the Saskatoon Rowing Club.

Congratulations all!

### Volunteers

On behalf of Peter Brook and myself, we would like to thank our fantastic team of volunteers, from the boat holders, who worked all day on small plat-

forms, to the boat drivers, officials, aligners, timers, P.A. announcer, Dock Marshal, Clerk, T-shirt sales and Scorer, who did an outstanding job. A very special thank you to Ann Haver, Clerk of the Course and to Brian Fiori, Chief Official, who kept every thing on time. It is easy to run a good regatta with a team like this behind you.

### Sponsors

Sponsor support was significant and went a long way to help make this year's regatta a financial success. As a result of our sponsors we were able to subsidize the cost of the T-Shirts for the rowers and provide free

T-Shirts for the volunteers. Thank you to Weyerhaeuser, Northern Lights Casino, Saskatchewan Rowing Association, SaskTel, ThyssenKrupp, Hudson Boat Works, Croker Oars (INS Holdings), Moker Thompson Implements Ltd., Dominion Construction, Harvard Developments Inc., ICR Ashford Commercial Real Estate Services, Culligan, Pizza Hut, Culligan and Brunsdon Martin Appraisals.

*Doug Martin and Peter Brook,  
Regatta Co-Chairs*